

Worry

Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? Matthew 6:25

-The physical things in this life, though necessary, are not the most important.

Which of you by taking thought can add one cubit unto his stature? Matthew 6:27

-Most of the things that we worry about we are helpless to control.

(For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you. Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof. Matthew 6:32-34

-The world worries about physical things, but the child of God concerns himself with the will of the Father and is confident that all things to fulfill His will be supplied.

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. Philippians 4:6

-Don't be worried and anxious but instead, when a need arises, let God know how grateful you are for all He has done while making the need known.

But Martha was cumbered about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? bid her therefore that she help me. And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things: But one thing is needful: and Mary hath chosen that good part, which shall not be taken away from her. Luke 10:40-42

-Martha was unduly concerned with the physical when she should have recognized the most important need, the spiritual.

But I would have you without carefulness. He that is unmarried careth for the things that belong to the Lord, how he may please the Lord: I Corinthians 7:32

-A Christian is not to live his life unduly concerned with the issues of life. This creates a distraction from God's service.